



Scouts BSA Troop 48 **SCOUTS BSA** Germantown, Tennessee  
Since 1929

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## EQUIPMENT LIST FOR BACKPACKING TRIPS

Use this list in conjunction with the one in the *Scout Handbook for Boys*.

If you are unfamiliar with any item, please consult with one of the troop leaders before acquiring it. Remember to mark your son's name on each item.

### NECESSARY:

- |   |   |
|---|---|
| <input type="checkbox"/> THE COMPLETE OFFICIAL SCOUTS BSA UNIFORM – left in vehicle   | <input type="checkbox"/> Sleeping pad or air mattress   |
| <input type="checkbox"/> <del>Scout Handbook for Boys</del> <b>Do Not Bring</b>   | <input type="checkbox"/> Portion of shared Tent or Hammock  |
| <input type="checkbox"/> Pocketknife (only for Scouts who have earned their Totin' Chip card.)<br><i>10 Outdoor Essentials #1</i> | <input type="checkbox"/> Ski cap (cold weather)   |
| <input type="checkbox"/> First Aid Kit<br><i>10 Outdoor Essentials #2</i>   | <input type="checkbox"/> Snickers candy bar (cold weather)  |
| <input type="checkbox"/> Extra Clothing<br><i>10 Outdoor Essentials #3</i>  | <input type="checkbox"/> Change of clothing for each day  |
| <input type="checkbox"/> Rain gear<br><i>10 Outdoor Essentials #4</i>   | <input type="checkbox"/> <i>Base layer:</i> long underwear (not cotton) (cold weather)              |
| <input type="checkbox"/> Water bottle - 2 filled quart (32 ounce) (1 personal & 1 community)<br><i>10 Outdoor Essentials #5</i>   | <input type="checkbox"/> <i>Mid-layer:</i> Sweatshirt or fleece                                     |
| <input type="checkbox"/> Flashlight or Headlamp w/ fresh or extra batteries<br><i>10 Outdoor Essentials #6</i>                    | <input type="checkbox"/> <i>Insulation:</i> Warm jacket or Puffy                                    |
| <input type="checkbox"/> Trail food<br><i>10 Outdoor Essentials #7</i>  | <input type="checkbox"/> <i>Shell:</i> Hooded windbreaker, anorak, or rain jacket                   |
| <input type="checkbox"/> Matches and fire starters<br><i>10 Outdoor Essentials #8</i>   | <input type="checkbox"/> Pants or shorts: synthetic or blend – not jeans                            |
| <input type="checkbox"/> Map and Compass<br><i>10 Outdoor Essentials #10</i>  | <input type="checkbox"/> Underwear  |
| <input type="checkbox"/> Backpack   | <input type="checkbox"/> Socks, hiking - 2 pr. (wool, SmartWool, CoolMax, etc.)                     |
| <input type="checkbox"/> Pack Cover or large plastic bag  | <input type="checkbox"/> Socks, liners - synthetic thin (nylon or polypropylene or similar) - 2 pr. |
| <input type="checkbox"/> Sleeping bag in waterproof bag (or several blankets)   | <input type="checkbox"/> Gloves or Mittens (cold weather)   |
| <input type="checkbox"/> Waterproof ground cloth to place under the sleeping bag  | <input type="checkbox"/> Cup and Bowl   |
|   | <input type="checkbox"/> Plastic utensil kit (spoon or spork)                                       |
|   | <input type="checkbox"/> Food - Your share of the patrol food                                       |
|   | <input type="checkbox"/> Shoes or Boots, waterproof to wear   |
|   | <input type="checkbox"/> Toilet kit – Toothbrush, Partial Toothpaste, Deodorant, Sliver of Soap     |
|   | <input type="checkbox"/> Toilet paper in waterproof bag   |

### SEASONAL:

- |  |   |
|--|---|
| <input type="checkbox"/> Insect repellent                                  | <input type="checkbox"/> Sunglasses         |
| <input type="checkbox"/> Sun protection<br><i>10 Outdoor Essentials #9</i> | <input type="checkbox"/> Hammock Underquilt |

**Cotton Does Not Have a Place in Winter Camping**

**OPTIONAL:**

- |   |   |
|---|---|
| <input type="checkbox"/> Buff or Bandanna                             | <input type="checkbox"/> Straps, web with buckle for attaching sleeping bag, sleeping pad, etc. |
| <input type="checkbox"/> Camp Shoes, light weight, closed toe - Crocs | <input type="checkbox"/> Waterproof Playing Cards   |
| <input type="checkbox"/> GPS  | <input type="checkbox"/> Rope   |
| <input type="checkbox"/> Hiking staff / Trekking poles                | <input type="checkbox"/> Pen and paper  |

Notes:

There are four layers to the 'layering system':

- 1) Base layer
- 2) Mid-layer
- 3) Insulation
- 4) Shell

- Maximum weight per young Scout is 20% of his body weight. – Scouts will be weighed
- Borrow as much as you can as we only go backpacking two or three times a year. And Scouts grow.
- Equipment may be borrowed through the quartermaster.

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